![C:\Documents and Settings\flynn\Local Settings\Temporary Internet Files\Content.IE5\ZMW3EUFM\MC900352307[1].wmf]()![C:\Documents and Settings\flynn\Local Settings\Temporary Internet Files\Content.IE5\PWTYA88T\MC900352337[1].wmf]()

Physical Education
Mr. Don Nolan Mr. Ryan Pina

Goals of the Physical Education Program:

* + Help students to think independently and clearly.
	+ Promote a desirable attitude toward the resourceful use of leisure time.
	+ Develop a spirit of competition, good sportsmanship, and social consciousness which will enable him/her to express his/her individuality and recognize societal values.

Student Attire:

Students must change in the locker rooms into gym shorts or sweats, t-shirt, and sneakers with socks.

**NO JEWELRY IS ALLOWED**

Grading: Students’ grades are based on:

* + - student effort
		- sportsmanship
		- skill level and knowledge of game rules.

Medical Excuses:

* 1. A student may be excused from P.E. by a parent’s note for 1 or 2 days.
	2. A doctor’s note is required for medical excuses for more than 2 days.
	3. Please have the doctor indicate a return date as well.

All students meet 2 times in the 6 day cycle for the entire year.